



## **SOMATIC SYNERGY**

### **An Introduction to the practice of Somatic Movement Arts Integrating Continuum and Experiential Anatomy**

Join in a discovery process of ourselves as fluid beings, having body-minds that are versatile. **What are these bodies?**

Continuum Movement allows our bio-organisms to be mutable in form, regenerative and responsive to life circumstance. Movement is not something we do, we are movement.

Learn how Breath, Sound, Movement, and Experiential Anatomy as a shifting scene of form can open your being to a world of transformation.

Led by: Teri Carter, MA RSMET, CMT, CC

Where: Somatic Arts Studio, 1653 18<sup>TH</sup> Street #3A, Santa Monica CA 90404

When: 1 Day, 10am – 6pm, Sunday July 16, 2017

Cost: \$135 early \$165 late

Contact: [teri@tericarter.com](mailto:teri@tericarter.com)